

This District is Considered: Moderate **Critical** Severe



Population:  
**43,821**



Number of households:  
**15,472**

**95% Urban 5% Rural**

**3,625 Households Are Experiencing Food Insecurity**

### FOOD ASSISTANCE



Total Households  
Eligible

**6,543**



Households  
receiving SNAP\*

**4,321**



The  
SNAP Gap

**2,222**

\*The Supplemental Nutrition Assistance Program (SNAP, formerly known as Food Stamps) provides food assistance benefits to people and families with low incomes.



### POVERTY

**22.5%**

Persons below poverty line

**\$28,451**

Per capita income

**\$55,857**

Median household income

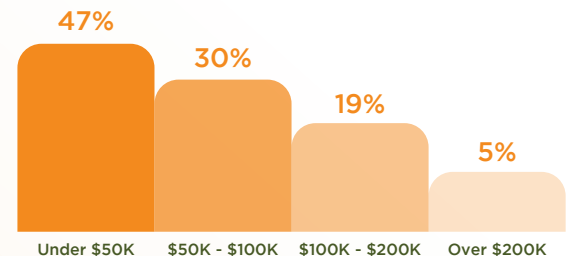
Children (Under 18)



Seniors (65 and over)



Household income



Your Feeding  
Network



**4**

Food Pantries



District Serviced by  
**Second Harvest  
Food Bank**

# Understanding Food Insecurity in District 103

Feeding Louisiana's three-level indicator of food insecurity is based on economic factors, access to food assistance programs, and the overall poverty rate. By incorporating specific data such as the number of households with food insecurity, SNAP (Supplemental Nutrition Assistance Program) eligibility and enrollment rates, and comparisons to the parish poverty line, this model offers targeted insights for intervention. Below is a description of District 103's level defined as **Critical**.



**Critical Definition:** Households facing tangible and regular challenges in accessing sufficient and nutritious food. This group includes those eligible for SNAP benefits due to income levels but may or may not be currently receiving them. The critical level is marked by compromises in food quality, variety, and occasional disruptions in food intake.

## Data Indicators:

- The number of households eligible for SNAP benefits, highlighting those at risk.
- Households eligible for but not receiving SNAP benefits, possibly due to barriers in the application process, lack of information, or stigma.
- Evidence of reduced meal quality and diversity based on community surveys, with a significant portion of income dedicated to food.

## Nourishing More, Together

### Support Feeding Louisiana's \$5 million appropriation request to end hunger.

By tailoring the three-level food insecurity indicator to the specific data and needs of a Louisiana Parish, Feeding Louisiana, with your help, can more effectively identify vulnerable populations and deploy targeted interventions. This approach ensures that resources are directed where they are most needed and can have the greatest impact on reducing food insecurity.

These dollars would be used solely to purchase food for the five food banks in Louisiana to distribute to those in our communities who need it the most.



## About Feeding Louisiana

Our mission is to be a unified voice for Louisiana's hungry by providing short-term food relief while seeking long-term solutions to hunger through advocacy, education, and leadership.



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**FEEDING  
LOUISIANA**

### Our Member Food Banks

